



St Luke's RC Primary School



PSHE

Subject Intent

At St Luke's RC Primary School, we support the children's Personal, Social, Health and Emotional Development through the scheme of work Jigsaw PSHE.

Jigsaw PSHE is a comprehensive and completely original scheme of work for the whole primary school from the Foundation Stage through to Year 6. It brings together PSHE Education, emotional literacy, social skills and spiritual development in a comprehensive scheme of learning. It provides a mindful approach to PSHE which allows us to ensure that children have time to reflect, manage their behaviour and emotions, learn about relationships, develop respect for self and others, as well as how to keep themselves safe. Jigsaw aims to help children know and value who they really are and how they relate to other people in this ever-changing world. They state their intent as follows:

"Jigsaw holds children at its heart, and its cohesive vision helps children understand and value how they fit into and contribute to the world. With strong emphasis on emotional literacy, building resilience and nurturing mental and physical health, Jigsaw 3-11 properly equips schools to deliver engaging and relevant PSHE within a whole-school approach. Jigsaw lessons also include mindfulness allowing children to advance their emotional awareness, concentration and focus."